

Hot Temperatures

When the heat or high humidity is combined with other stresses such as prolonged physical activity, loss of fluids, fatigue, or some medical conditions, it may lead to heat-related illness, disability, and even death. Heat stress is affected by four environmental factors: air temperature, humidity, air movement, and radiant heat.

This section includes:

- [Information on Hot Weather-Related Conditions](#)
- [Sample Hot Weather Preparedness Guide](#)