

# Planning Safe Online PE Programs - Awareness

## Resources

Be aware of the requirements and information available to guide the planning of safe online learning for physical education, including:

- local school board policies and procedures related to safety for physical education and online learning (for example, cybersecurity, privacy);
- the Ontario Physical Activity Safety Standards in Education (OPASSE) for the minimum safety requirements in physical education; and
- this Safety Considerations for Online Physical Education Learning section.

## Students

Establish a process to allow for parents/guardians to provide information that may impact full participation in online physical education (for example, feelings about participation, medical information, strategies to support appropriate levels of participation, the process to respond in case of an injury/emergency).

## Ontario Health and Physical Education Curriculum

Be aware of safety requirements and learning expectations related to Health and Physical Education and how they can be implemented in an online learning environment, including:

- strategies to establish and maintain a physically, socially and emotionally safe learning environment;
- strategies to establish and maintain privacy and cybersecurity;
- communication of safety requirements to students, opportunities for students to practice and demonstrate safe practices, and where appropriate, modeling of safe practices;

- strategies to establish a culture of safety mindedness and identify ways to protect students before participation in any activities (identify risks and risk treatment strategies); and
- strategies for students to communicate questions or concerns regarding safety during online learning (for example, safety check-ins and check-outs).